

Welcome to Cyprus

The island of sunshine and beautiful seas

Rowing Tour of the Southeastern Coast
13-21/10/2024 (Group A) 20-28/10/2024 (Group B)





A welcome note from the President:

**Dear Participants,
Welcome to the World Rowing Tour of
the Southern Beaches of Cyprus!
As President of Limassol Nautical Club,
I'm delighted to host rowing enthusiasts
from around the globe. This tour
promises unforgettable experiences and
camaraderie.**

**Thank you for joining us on this exciting
journey along Cyprus' beautiful
coastline. Let's embrace the spirit of
adventure and friendship that rowing
offers.**

**Andreas Papadopoulos
President of Limassol Nautical Club**

Program:
Day 1 - Arrival
Day 2 - Lady's Mile
Day 3 - Governor's Beach
Day 4 - Mazotos Beach
Day 5 - Larnaca Marina
Day 6 - Mazotos Beach
Day 7 - Governor's Beach
Day 8 - Limassol Nautical Club
Day 9 - Free Day





Day 1 - Check-in at Hotel Park Beach.

In the evening, there will be a beachside barbecue at the Nautical Club of Limassol at 18:00, featuring traditional Cypriot cuisine. This presents a chance for everyone to meet and socialise.





Day 2 Lady's Mile

**-Columbia beach -
Old city of
Limassol, Medieval
Castle, Marina**

We commence our rowing journey from the LNC boat house, setting our course towards Columbia Sun on Lady's Mile Beach.

Our route takes us across the Limassol Pier, an impressive promenade situated in front of the city centre of Limassol and acclaimed as one of the most beautiful in the Mediterranean basin. Subsequently, we navigate past the historic shipyard of Limassol, and proceed to cross the entrance of Limassol Port, where colossal cruise ships dock all year around. Our route then leads us alongside a fish farm, guiding us to the west side of Limassol beach. Here, we continue our rowing expedition along a beautiful beach with abundant sand stretching for at least 5 km.





Day 3
Kalymnos /
Governor's
Beach

-Kalymnos Tavern
-Afternoon: Visit to
Monastery of St.
George Alamanou

Today, we will embark on a 20 km rowing journey to reach Kalymnos Beach. The beach, situated in the area known as Governor's Beach, bears its name from its early history when it served as a prime destination for divers in pursuit of the abundant sponges in the vicinity. Travelers, often hailing from the Greek island of Kalymnos, contributed to the naming of this Limassol beach. Notably, the beach has been honoured with a Blue Flag, acknowledging its natural beauty and the purity of its waters. The towering white cliffs enveloping the sandy bay form a striking backdrop, offering breathtaking views to both those in the water and those observing from vantage points above. Following our aquatic adventure, we can savour a meal at the **Kalymnos Tavern**.





Day 4 Mazotos Beach

-Golden Donkey
Farm in Skarinou
-Afternoon is free

Our journey today will start from Kalymnos Beach (aka Governor's Beach) and will continue towards the east, for about 21 km where we will stop at Mazotos Beach.

Mazotos Beach is a hidden gem as it is surrounded by stunning natural beauty, with rugged cliffs and hills providing a wonderful beach backdrop. The area has crystal clear waters, and golden sands and is also home to a variety of wildlife, including sea turtles, which often nest on the beach during the summer months.

There, we will enjoy a picnic at the fishing centre nearby and the bus will be waiting for us along with the non rowers, to visit the **Golden Donkey Farm in Skarinou** and then return to the Park Beach Hotel



Day 5 Larnaca Marina

**Lunch: Traditional
Cypriot food and
Visit to the Medieval
Fortress
Afternoon free**

Commencing from Mazotos Beach, our rowing expedition will lead us towards Larnaca Marina passing by the Finikoudes Beach, renowned for the palm trees adorning this iconic area of Larnaca. It is a 600-meter-long sandy beach that offers tranquil, warm, and shallow waters.

Our journey will include a visit to the **Medieval Fortress of Larnaca**, situated at the end of the beach road on Finikoudes. Dating from the Middle Ages, the castle assumed its present form during the Ottoman occupation, though its builder is a subject of some historical debate. Post the Ottoman era in Cyprus, the British repurposed it as a prison, with the gallows in operation until 1948. Additionally, we will explore the small museum housed within the castle.





Day 6 Shipwrecks: Elpida & Zenobia

- Picnic at Fisherman's
- Afternoon:
Kourion Archaeological
site

Today, our journey will commence from Larnaca Marin, leading us back to Mazotos Beach. Approximately 3 kilometers away, on calm days, a remarkable sight awaits beneath the sea—the MV Elpida, meaning "Hope" in Greek. This is the newest shipwreck in Cyprus, a substantial 63-meter commercial vessel from Greece resting at a depth of 28 meters. Sunk in December 2019, the MV Elpida is part of an artificial reef project aimed at establishing a sanctuary for local marine life.

Notably, approximately 1.5 kilometers from the beach lies the renowned Zenobia, a Swedish ship that attracts divers from around the globe each year. In the early hours of June 7, 1980, the Zenobia capsized and sank in Larnaca Bay at a depth of about 42 meters (138 ft), carrying with it £200 million worth of cargo. Fortunately, there were no casualties in the disaster. If luck is on our side and the day is exceptionally clear, we may catch a glimpse of the Zenobia from the surface as we row. Picnic at Aleftiko katafygio.





Day 7 Governor's Beach

Lefkara visit
Afternoon is free
Dinner at the Hotel

Today we row from Mazotos to Governors Beach. Non rowers will collect us from the beach, and we will head to **Lefkara**, renowned globally for its traditional embroidered lace handicrafts and silverware. At the Lefkara Handicrafts Centre, the Museum of Traditional Embroidery and Silversmith Work and various workshops, visitors can immerse themselves in these traditional arts. They provide an opportunity to witness the intricate processes of lace embroidery and the crafting of silverware.

According to tradition, the illustrious Leonardo da Vinci visited the village in 1481. During his visit, he purchased a lace fabric, which he later donated to the Milan Cathedral to adorn the Altar.

We will enjoy our lunch at a taverna.





Day 8 Limassol Nautical Club

Free day for all

For our last day of rowing, our bus will take us to Governor's Beach, where we will row back to LNC.

The rest of the day will be free, and for dinner, we will have a farewell and welcome BBQ on the beach of LNC, a chance to say our goodbye to Group A and to mingle with the rowers of Group B.





Price per person: €2,080

What is Included

- All rowing and safety equipment
- 8 night stay at the Park Beach Hotel / 9 days in total
- Breakfast is included
- 5 lunches, 1 brunch and 1 picnic
- 6 dinners, including Welcome Dinner and Farewell Dinner
- Transportation to and from the starting point of each day, and to and from organised cultural visits

What is Not Included

- Air tickets
- Airport transfers/shuttles
- 2 dinners

Please note there is an additional charge for single occupancy hotel rooms.

Accompanying family members

Some of the places we will visit:



GOLDEN DONKEYS

Larnaca Castle



**Kourion
Archaeological
site**



LARNACA
Marina



Map of Rowing, Southeastern Cyprus

